



CLASS:3
SUBJECT: SCIENCE
TOPIC: CHAPTER-10
SUN AS a Natural Resource
DATE: 02/02/21

WORKSHEET: 4

GOOD MORNING

Here are the remaining question and answer of the above mentioned chapter.

QE. Answer the questions in brief.

3. Differentiate between renewable and non-renewable resources of energy.

Ans. The sources of energy that can be renewed or replenished over a long period of time are called renewable sources of energy. Eg. Solar energy, wind energy, geothermal energy and hydro energy.

The energy resources that are present in limited quantity in nature and will not last for a long time are called non-renewable resources of energy. Eg. Coal, oil, natural gas, petroleum.

EXERCISES (PG. 134)

CHAPTER: 11-- CLEANLINESS, HEALTH AND HYGIENE

A. Fill in the blanks.

- i. It is important to wear... clothes. (Clean)
- ii. Swachh Bharat Campaign was launched on (2nd October)
- iii. (Germs) are tiny organisms, or living things, that can cause disease.

B. State whether the statements are true or false.

- i. We should exercise daily. (True)
- ii. Floss your teeth once a day. (True)
- iii. Yoga is bad for health. (False)
- iv. We should not take a bath daily. (False)
- v. We should not brush the tips of the teeth. (False)

C. Match the following columns.

- i. Good habit----- keeping nails trimmed
- ii. Bad habit-----picking nose
- iii. Healthy food-----vegetables
- iv. Unhealthy food-----ice-cream

D. Answer the following questions in one word.

i. Name the process of cleaning our teeth.

Ans. Brushing

ii. Name the tiny living things that can cause diseases.

Ans. Germs

iii. What is the category of food items that cause obesity?

Ans. Fats

E. Answer the following questions in brief.

1. What is personal hygiene?

Ans. Keeping our body clean and maintaining good health is called personal hygiene.

2. What is Swachh Bharat Abhiyan?

Ans. Swachh Bharat Abhiyan or Clean India Mission is an initiative taken by the Government of India to make sure that the streets, roads, and the infrastructure of cities, towns and villages remains clean.

3. How is yoga beneficial for our health?

Ans. Yoga is a form of exercise that on doing daily can keep our body active and healthy.

4. Why we should take a bath and change our clothes daily?

Ans. The dust and germs combined with sweat make us dirty and give bad odour to our body. We should never skip taking bath even in winter.

5. Why should we cover our nose and mouth with a tissue or hand while coughing or sneezing?

Ans. When we cough or sneeze, numerous germs come out of our body. These germs when come in contact with another person can cause them harm too. Thus we should always cover our nose and mouth while coughing or sneezing.