



**CLASS: LOWER KG**  
**DATE: 18.01.2021**

**WORKSHEET: 81**  
**SUBJECT: ACTIVITY (P.T)**

**TIME LIMIT: 30MINS**



**“READING IS TO THE MIND; EXERCISE IS TO THE BODY”**

**Please click on the link for the video**

**<https://youtu.be/htwsOTnNxiU>**

**Note for parents**

**Help your child to follow the instructions given in the video.**